

The problems Technology progressing brings

Nowadays, we are surrounded by high technology, like smart phones, laptop. We can talk to people on Internet, and it is very convenient so that we love to use our phones or notebooks than write a letter or meet friends in person. Besides, Internet popularization not only for increasing people interaction, but also for broadening our eyes. We can learn everything on Internet, like how to cook better. Don't have to go out, but we can still know the international news. Internet can take the credit. However, a thing always has its advantages and disadvantages, even technology progressing is good for people's life, it still causes some problem.

First, more and more people get the Nomophobia. When your phone is not around you, you would feel anxious and unsecured. Second, you will be afraid of talking to real people when you have used to talk to people on computer. Third, teenagers would think that if I can learn anything on Internet, why I need to read. The problems I mention have already affected our life. And they will affect next generation, and that is very serious problems. The more we rely on electricity, the less we spend time on our family or friends. It makes people unfamiliar with each other, and don't know how to get along with others. A lot of social events happened just because of we become cooler and cooler.

Even technology progressing gives us a lot of benefit, but we still have to think about what it causes. Sometimes, you have to put down your phone, and go outside breathe some fresh air, or have lunch with your family. Never just chat with people on Internet.